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- Making nouns from adjectives and verbs
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- suggest, would rather, prefer
- have/get something done
- be, have/get something done
- -ing form and to-infinitive
- Indirect questions
- wish/if only
I like your style!

Get ideas
1. Make a list of the clothes and colours you wear most and compare with your partner.

Time to read
2. Look at the photos. How has Alexandria changed?

Skillzone
Need to find information in different paragraphs?
- Read the questions and underline key words.
- Read the paragraphs quickly for words and phrases that match.
- Don't read every detail.

3. Read the article quickly. Which paragraph (1–6) mentions:
   A. someone's wardrobe?
   B. the importance of non-verbal communication?
   C. a new outlook for the future?
   D. a difference of opinion?
   E. some annoying physical symptoms of shyness?
   F. a totally new look?

4. Read the article again and choose the best answer, A, B, C or D.
   1. What does Charlotte think about clothes?
      A. You should follow the fashion.
      B. You should always be comfortable.
      C. People judge by appearances.
      D. People judge your character first.
   2. What does Jane find unusual about Alexandria's clothes?
      A. That there are lots of tracksuits.
      B. That there aren't any skirts.
      C. That they don't fit in the wardrobe.
      D. That they are the same colour.
   3. What do Jane and Charlotte do when they get to the shops?
      A. They buy some new outfits for themselves.
      B. They try on some new clothes.
      C. They pretend to be models.
      D. They choose outfits for Alexandria.
   4. What does Alexandria find out from the programme?
      A. You are what you wear.
      B. How to be one of a crowd.
      C. Clothes make a difference.
      D. Colour is everything.
   5. What is a major effect of Zac's shyness?
      A. communication problems
      B. aggressive feelings
      C. stress-related illness
      D. fear of other people
   6. What is Zac's attitude towards clothes and fashion?
      A. He wants to be different.
      B. He prefers not to be noticed.
      C. He likes wearing colourful clothes.
      D. He's very keen to be fashionable.
   7. What does this in line 51 refer to?
      A. missing an appointment
      B. getting a modelling job
      C. getting over fears
      D. going to an interview
   8. What helped Zac to get some modelling work?
      A. professional advice
      B. modelling experience
      C. a portfolio of photographs
      D. a change of job

5. Find words or phrases in the article that match these meanings.
   1. form an opinion about someone in a critical way (para 1)
   2. an experienced person who gives advice (para 1)
   3. lots of different types of something (para 2)
   4. usually do something (para 4)
   5. a series of things you do in order to achieve something (para 5)
   6. the shape and size of your body (para 6)

Summarise
Choose Alexandria or Zac.
What were their problems and what were the solutions?

Time to talk
6. Have you ever thought what your clothes say about you?
Read about two teenagers who go for a change in their lives. One of them, Alexandria, was the subject of a TV programme, Family Fashion.

1 Alexandria is a 15-year-old schoolgirl. She's very sporty and fit and enjoys life. She isn't really interested in following the fashion; she just chooses clothes that she feels comfortable in. She doesn't believe that people judge her by what she looks like. Her sister, Charlotte, though, disagrees with this and wants to replace some of her clothes with a few smarter outfits. So, with the help of a fashion mentor, Charlotte aims to give Alexandria a makeover!

2 Jane, the stylist, turns up at Alexandria's house. While they are chatting, she draws attention to the fact that Alexandria's clothes have one thing in common: 'There's not a skirt in sight!' It's true, Alexandria's wardrobe is full of baggy tracksuits, T-shirts and some denim jeans. She avoids wearing brightly-coloured clothes but Jane is going to bring in a bit of variety! Alexandria now seems keen to face this new challenge and create a new image for herself.

3 Jane takes the two sisters to the shops where Charlotte has the chance to play at being stylist. However, the items she chooses for Alexandria to try on are not quite her style, although they're getting near. Finally, it's Jane's turn and she chooses three new outfits for Alexandria. When Alexandria comes out of the changing room with them on, it's difficult to recognise her as the same person. In her skirts, fancy tops and heels and with a new funky hairstyle, she could be a professional model! Charlotte is hugely impressed with her sister's chic new look and Alexandria herself looks confident and happy. Now she will stand out in a crowd, whether she likes it or not!

4 Zac, 17, wants to do a bit of modelling in his spare time, but he has to overcome some personality problems first. He gets so shy and nervous that he can't talk to people and he can't cope with the stress of casting sessions for photo shoots. 'My hands get all sweaty and I mix up my words if I feel I'm the centre of attention,' he says. He finds it difficult to make eye contact with people he doesn't know, so he often comes across as an unfriendly or aggressive character. He feels he should keep up with the fashion but he always wants to blend in, so he tends to wear the same urban-style clothes as everyone else.

5 A psychologist helps him to loosen up and get over his fears. She tells him that his body language is all wrong: 'You're always sending out the wrong signals!' Over the course of a few weekends, Zac learns to express himself properly and he even manages to show up for an interview for a modelling job! Since he had missed several similar appointments in the past, this is a major achievement. The process of changing isn't easy but if he can get it right, nothing will hold him back any more!

6 Zac's height and build are just right for modelling so, after getting some advice from a stylist about his clothes, he soon manages to get some catalogue work and offers of future jobs. Everyone is delighted with his progress, and his mentors and friends hope that he'll move on to fashion shows and the catwalk. He's even putting together a portfolio of his photographs now! He's turned his life around, he's in control and -- well, he can't believe his luck!
Fashion and identity

1 Find words in the article on page 9 that match these meanings.
   1 a set of clothes (para 1)
   2 a complete change of appearance (para 1)
   3 someone who finds the best style for you (para 2)
   4 loose clothes (para 2)
   5 the way you look (para 2)
   6 modern and fashionable (para 3)
   7 the platform down which models walk (para 6)
   8 a file of your professional work (para 6)

2 Complete the sentences with these words from the article on page 9.
   aggressive  body language  eye contact  loosen up
   overcome personality
   1 It's important to think that you can ......................... any problems in life.
   2 If you make ......................... with people you are
      talking to, they will trust you more.
   3 That sales assistant was really ......................... and
      tried to make us buy some jeans we didn't want!
   4 She's got a really happy ......................... — and it
      shows in her clothes!
   5 You can ......................... with people once you know
      them a bit better.
   6 Your ......................... often shows how you feel, even
      though you may try to hide it.

3 Complete the phrases with these words.
   centre  draw fashion in(×2)  out yourself
   1 have something ................. common
   2 follow the .........................
   3 send ......................... signals
   4 be the ......................... of attention
   5 express ......................... properly
   6 stand out ......................... a crowd
   7 ......................... attention to (something)

4 Complete the sentences with the correct verb and choose the correct preposition.
   do  dress  go  keep  put  take  try
   1 I'm not sure if these boots really ......................... to/
      with the dress.
   2 Ross likes to ......................... up/in with the fashion.
   3 I'd like to ......................... over/on these trousers,
      please.
   4 Please ......................... up/off your jackets if you're hot.
   5 She ......................... off/on her jacket, got her bag
      and left the house.
   6 Jo helped her little sister to ......................... up/down
      her buttons.
   7 It will be a really posh wedding so we'll have to
      ......................... over/up.

5 Complete the sentences with the correct form of these phrasal verbs.
   catch on  pick up  sell out  show off  throw off
   wear out  wrap up
   1 Don't forget to ......................... . It's very cold outside.
   2 I usually get bored with my trainers before they
      .........................
   3 I want to buy a T-shirt before the shop ......................... of them.
   4 She ......................... her jacket and collapsed into a
      chair.
   5 It's surprising how quickly new fashions
      .........................
   6 When he gets to school, he'll ......................... his new
      sunglasses to his friends.
   7 Did you ......................... any good bargains in the
      sales?

6 Work with a partner. Write five sentences of your own using phrasal verbs from Exercises 4 and 5.

WORDZONE
Don't understand about phrasal verbs? No problem! They're verbs followed by prepositions or adverbs.
Look up words you don't know in a dictionary.

Memorise
Write three sentences using phrasal verbs that are true about you.
Complete the sentences with the present simple or present continuous of the verbs in brackets.

1. I usually ... spend (usually/spend) €50 a month on clothes.
2. ... this jacket/look ... funny with shorts?
3. She ... always/go window shopping but she ... never/buy anything!
4. ... your mum/pay for all your clothes?
5. I ... not think ... it's important to wear designer labels, do you?
6. My sister ... work (work) in a shop this week.
7. Some fashions ... be (be) silly, so I ... not (not/usually/choose) them.
8. I ... not/usually/choose clothes that are very expensive.
9. My friend ... wear (wear) a miniskirt today but she ... not/normally/wear skirts at all!
10. She ... see the editor of the teen fashion magazine tomorrow.

The colour of your clothes can reflect your personality or change your mood.

Look around your class. Who
1) ... (wear) red at the moment?
2) This person has lots of energy. Confident people
3) ... (love) it. But don't choose this colour if you are feeling angry!

Entertainers often choose this fresh colour because it ... make them stand out in a crowd. If you ... study today, yellow is a great colour to wear because it keeps your mind awake.

A person who often wears blue is a deep thinker. He or she ... enjoy their own company. It helps people relax. Maybe that's why so many people
4) ... (like) denim!

Purple is the colour of change.
5) ... (anyone/wear) this colour today? Perhaps they want to make a change in their lives!

Brown is the practical colour.
If you are wearing it right now, you
... (probably/work) hard in today's lessons and your work is organised!

Look at the person who ... sit (sit) next to you. If he/she has on a white top today, it makes him/her look fresh and clean!

Black is a really popular strong colour.
A person wearing this colour
... (feel) protected.

Time to talk
3) What does the colour of your clothes say about you?
4) If you could have a fashion makeover, what would you like to change about yourself? Why?
**Get ideas**

1. Do you enjoy shopping for clothes? Why/Why not?
2. Describe the problems in the pictures below. Has anything similar happened to you?

**Skill Zone**

Can’t understand the whole conversation? Don’t worry! Use the words that you do understand to work out the general meaning.

**Time to listen**

3. Listen to the conversation and decide which clothes Steve likes best (✓), which he thinks are OK (✓) and which he hates (X).

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<td>suit</td>
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<tr>
<td>shirt</td>
<td>old jeans</td>
<td>smart jeans</td>
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4. Listen to the conversations and choose the best answer, A, B or C. You will hear each conversation twice.

1. A boy is helping a friend to make a decision. What do they decide?
   - A He can wear his casual clothes.
   - B He needs to buy more fashionable clothes.
   - C He must choose something smart and formal.

2. A brother and sister are discussing clothes and fashion. What upsets the girl?
   - A the fact that he borrows her things
   - B the amount of money he spends on clothes
   - C the time he spends getting ready

3. A man is talking to some teenagers about clothes. What is his job?
   - A a professional runner
   - B a shop assistant
   - C a teacher

4. You hear a boy complaining about a girl in his class. What annoys him?
   - A her clothes
   - B her hair
   - C her behaviour

5. A girl is talking to her dad. What is the problem?
   - A The shirt was too expensive.
   - B The colours don’t suit him.
   - C The shirt doesn’t fit.

6. Two girls are trying to identify a boy in a busy café. Which description fits the boy?
   - A dark hair and blue jeans
   - B blond hair and a smart shirt
   - C brown hair and black jeans

7. A drummer is discussing a change of hairstyle with a friend. What does he decide?
   - A to cut his hair
   - B to let his hair grow
   - C to dye his hair blond

8. A girl is discussing her favourite film star with her cousin. Which outfit does she think suits him most?
   - A something unusual
   - B something smart
   - C something casual
Making words negative

Want to know how to make words negative? Add a prefix.

- read: mis-read
- respectful: dis-respectful
- predictable: un-predictable
- legible: il-legible
- possible: im-possible
- visible: in-visible
- responsible: ir-responsible

1 Make negative adjectives and complete the sentences.

1) I don’t want to sit in this chair, it’s very
uncomfortable.
2) My cousin’s wedding was fun and
formal.
3) The pony I rode was lively and
unpredictable.
4) I never wear a suit or a tie.
5) The buses to our village are quite
unreliable.
6) Riding a bike without a helmet is
irresponsible.

2 Choose a word to complete each sentence so that it’s true for you.

1) Some teenagers take part in beauty pageants. In my opinion, this is acceptable/unacceptable.
2) Our teacher usually wears quite formal/informal clothes.
3) Most of the students in my class are quite reliable/unreliable.
4) At home I am tidy/untidy.
5) If I had a makeover, I think I would be recognisable/unrecognisable.
6) I’m quite mature/immature for my age.
7) When I go shopping with my family or friends, I’m usually very patient/impatient.

3 Complete the article with the correct form of the words in brackets.

Rachel is a rebel who doesn’t care about clothes. She is sometimes rude and
1) disrespectful (respectful) to grown-ups
and her behaviour is often unacceptable and
2) inappropriate (appropriate). Laura is a
3) comfort (comfortable) clothes like old tracksuits and
4) unusual (usual) TV programme.
trainers and hates to wear fashionable outfits.
So why are Rachel and Laura trying to change
the way they look?

They were chosen to take part in an
5) happy (happy) and refuse to follow instructions. An expert
6) suitable (suitable).

It’s hard to imagine Rachel or Laura as a
beauty queen’. Such beauty contests are much
more popular in America than in the UK. They
got so annoyed when someone tells them what to
wear that they start to 7) behave.

Most of the British girls
8) approve (approve) of their new look.

One girl says she looks like ‘a Barbie doll gone
wrong’. The girls all agree on one thing:

Who you are is more important
than what you look like.
Articles

**GRAMMAR ZONE**

*a/an + singular countable nouns*

to refer to any one of a kind or group, or when a noun is mentioned for the first time

*There’s not a skirt in sight!*

*the + countable, uncountable or plural nouns*

when the noun refers to something specific or unique, or to something already mentioned

*Alexandria comes out of the changing room …*

*no article with plural countable nouns or uncountable nouns*

to make generalisations

*He gets so nervous that he can’t talk to people.*

⇒ Grammar File, page 164

1 Complete the sentences with *a/an, the or – (no article).*

1 That’s ......................... shop where I bought my new jeans.
2 Most large shops use ......................... security cameras to film customers.
3 His father bought all the presents in ......................... enormous supermarket.
4 My uncle sent this CD from ......................... USA.
5 I’d like to buy some Italian shoes when I’m in ......................... Milan.
6 She found some beautiful jewellery at ......................... small market stall.

2 Put the words in the correct order to make sentences. Add an article where necessary.

1 can / Shoes / be / expensive. / quite
2 you / Did / shops / go / to / Saturday? / on
3 We / on / bought / holiday. / these / in / souvenir shop
4 always / brother / T-shirt / My / wears / and / jeans.
5 I’ve / orange juice / my / just / spilt / on / shirt. / new
6 sunglasses / protect / sun. / Wear / eyes / to / your / from / the

⇒ Grammar File, page 164

3 Complete the text with one word which best fits each gap.

*A bad hair day!*

Every year the BBC organises Children in Need Day which 1) ......................... a charity fund-raising day. People across 2) ......................... UK raise millions of pounds for children in countries throughout 3) ......................... world. Some kids were so keen to raise money that they took part in a crazy TV programme called *Keep your hair on!*

On this programme there is 4) ......................... extremely silly quiz every day. The loser gets a really bad haircut. They can’t even choose their new hairstyle! Yasi is one of 5) ......................... unlucky losers. I join her at the end of the show when the hairdresser 6) ......................... cutting her hair short at the front. Yasi is worried! The hairdresser dyes the front of Yasi’s hair blue! It doesn’t go 7) ......................... her top, but she certainly stands 8) ......................... in the crowd! After the show, Yasi says she 9) ......................... not mind. How she looks is irrelevant. She and her friends 10) ......................... feeling happy because they raised a lot of money for charity.

⇒ Grammar File, page 164

4 Have you ever had a haircut you didn’t like? How did it make you feel?

5 What would/wouldn’t you do to raise money for charity? Why?
Get ideas

1 Which personality adjective best describes you? Why? Tell a partner.

talkative imaginative helpful entertaining energetic kind

Find the right words

2 Complete the sentences with adjectives so that they are true for you.

adventurous cheerful funny generous helpful honest impatient intelligent kind lazy lively reliable serious

1 I would say I'm usually
2 My friends think I'm
3 Sometimes I can be
4 I hope I'm never

3 Read the description and find Jake in the photo. Which words help you decide?

My friend Jake is lively and impatient and has a great sense of humour. He's always making me laugh. He usually gets on with everyone, but sometimes he gets angry when people tease him about his weird clothes. He's a skateboarder, you see, so he always wears baggy trousers and an old baseball cap over his brown curly hair.

Plan ahead

4 Write a short paragraph about one other person in the photo. Describe his appearance and personality.

In my opinion, this person looks ...

Fashion competition

WIN A NEW OUTFIT!

Write a short article describing yourself and your favourite outfit.

Tell us what's special about these clothes and how they make you feel. Be honest!

The writer of the best article wins a whole new outfit from the shop of their choice!

My favourite outfit - Pedro Morales

Favourite clothes

• sporty clothes, basketball kit
• don’t like my brother’s clothes
• ‘lucky’ socks - we usually win

Why is this outfit special?

• feel comfortable
• reminds me of winning competition
• can’t remember how much it cost

Appearance and personality

• 15, tall, energetic
• I've got a new bike
• love attention!
• sometimes lazy
1 Hi! Let me introduce myself. My name's Pedro and I'm from Spain. I'm fifteen years old and taller than most people my age. I'm really keen on basketball and volleyball, so I usually wear sports clothes. To be honest, I'm quite lazy. Sometimes I don't bother to change my clothes after a match!

2 As a matter of fact, my favourite clothes are my basketball top and shorts because I feel so comfortable in them. They also remind me of winning the basketball competition this summer, which was a brilliant day for me as I scored the winning points! And I always wear my 'lucky' socks for matches. They're really old and full of holes but I'm sure they help me to play well!

3 When I'm wearing this outfit, I feel as though I'm the centre of attention. I also think these clothes express my personality quite well. They're bright red which is a really strong, energetic colour, just like me!